\*\*Strategies and Tips from Live Trading Sessions\*\*

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### \*\*1. General Trading Philosophy\*\*

- \*\*Patience and Discipline:\*\*

- Wait for the market to provide clear opportunities; avoid impulsive trades.

- Trading isn’t always exciting; boring days are part of the process.

- \*\*Risk Management:\*\*

- Manage risk effectively by sticking to predefined stop losses and risk percentages.

- Avoid risking too much in one trade; focus on the long-term viability of your account.

- \*\*Behavior Over Outcome:\*\*

- Focus on executing consistent, disciplined behaviors in trading.

- The outcome of a single trade is less important than adherence to your strategy.

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### \*\*2. Entry Models and Confirmation\*\*

- \*\*ICT 2022 and Inverse Fair Value Gap Models:\*\*

- Use these strategies to identify high-probability trade setups.

- \*\*Break of Structure with Imbalances:\*\*

- After a liquidity sweep (price takes out a high or low), look for a break of structure and an imbalance (fair value gap) to enter trades.

- \*\*Focus on Liquidity Zones:\*\*

- Above old highs and below old lows are areas of liquidity. Price often seeks these levels before reversing.

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### \*\*3. Time and Price Relationships\*\*

- \*\*Session Timing:\*\*

- Trade during high-impact sessions (e.g., New York open, London session) for better volume and volatility.

- Wait for major events, like speeches or economic releases, to resolve before committing to a position.

- \*\*Market Consolidation:\*\*

- On news-heavy weeks, expect consolidation ahead of high-impact events like CPI or PPI releases.

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### \*\*4. Tools and Technical Setups\*\*

- \*\*Fair Value Gaps (FVG):\*\*

- Look for three candles where a gap is formed between the first and third candle’s wicks.

- If price trades through the FVG and closes beyond it, this often signals a strong directional move.

- \*\*Breakers:\*\*

- Identify two bearish candles followed by a strong bullish candle that sweeps liquidity. Enter as price retraces into this area.

- \*\*Use of Fibonacci:\*\*

- Confirm trades by ensuring they’re entering at a discount (below 50%) or premium (above 50%) of the range.

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### \*\*5. Execution and Trade Management\*\*

- \*\*Set Clear Targets:\*\*

- Use logical levels such as previous highs/lows or liquidity zones as targets.

- Avoid setting targets at exact highs/lows; aim just before them to secure profits.

- \*\*Stop Loss Placement:\*\*

- Place stops just beyond the structure to minimize risk while giving trades room to play out.

- \*\*Avoid Chasing Trades:\*\*

- If a move happens without your setup being triggered, let it go. Chasing often leads to losses.

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### \*\*6. Psychology and Patience\*\*

- \*\*Detachment from Outcomes:\*\*

- Do not get emotionally attached to individual trades. Accept that losses are part of trading.

- \*\*Handle News Volatility:\*\*

- Treat news events as liquidity generators rather than trying to predict their outcome.

- \*\*Routine and Preparation:\*\*

- Analyze the market the night before to identify key levels and biases.

- Use live trading sessions to refine your patience and discipline.

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### \*\*7. Community and Tools\*\*

- \*\*Leverage Platforms:\*\*

- Utilize tools like Trade Locker for enhanced features such as automated trailing stops and risk calculators.

- \*\*Engage with Community:\*\*

- Join trading communities or groups for accountability, support, and real-time updates.

- \*\*Education and Backtesting:\*\*

- Regularly backtest strategies to build confidence and refine your edge.

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### \*\*8. Key Insights from Live Trades\*\*

- \*\*Precision with Liquidity Sweeps:\*\*

- Wait for clear liquidity grabs and confirm entries with lower time frame setups.

- \*\*Importance of Higher Time Frames:\*\*

- Even for scalping, respect the higher time frame bias to avoid being caught on the wrong side.

- \*\*Realistic Expectations:\*\*

- Not every session will yield trades; successful trading involves knowing when to sit out.

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This document summarizes actionable strategies and trading insights to help build consistency and discipline in your trading journey.